

CONFIRMATION PREREQUISITE YEAR AT A GLANCE



St. Alphonsus Liguori Catholic Church

THE PURPOSE

The goal of the prerequisite year is to help the student grow in love and knowledge of the faith through participation in the liturgy, parish life, and particularly in catechetical formation. Before formal preparation for the sacrament begins, teens should be a practicing Catholic in good standing with the Church and have at least one year of catechetical formation. Teens may complete their prerequisite year starting their freshman year. The guidelines are outlined below.

LITURGY COMMITMENT

Attending Mass on Sundays and Holy Days of Obligation is an expectation of being a Catholic in good standing with the Church. Teens and their families should be attending Mass each Sunday whether at home or out of town. As teens are entering into formation for Confirmation, we will ask parents and teens to sign a commitment to attend Mass each Sunday and on Holy Days of Obligation.

LEARNING COMMITMENT

In addition to attending Mass on Sundays and Holy Days of Obligation, those in their prerequisite year are required to attend and participate in a learning commitment at least 2 times per month. Some options to complete the learning commitment are: Sunday Night Life Teen Nights, attending a Catholic High School, being an active participant in the Knights of the Holy Temple or Daughters of the Immaculata, attending an Adult Faith Formation class or Bible Study with a parent.

RETREAT

Those in their prerequisite year should participate in at least one retreat. Our parish offers several retreat opportunities. Information may be found on our parish website.

QUESTIONS?

Contact Kristi Powers at
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